



Valentine's Day Reheating Instructions

Grilled Tenderloin Filet

(Do not microwave)

Pre-heat oven to 350°. Bring filet to room temperature for about 20 minutes. Place filet in an oven safe container and cover loosely with foil and heat about 10-15 minutes until warm.

Encrusted Cod over Jasmine Rice

(Do not microwave)

Pre-heat oven to 350°. Bring to room temperature. Place fish in an oven safe container and cover loosely with foil. Heat for 5-8 minutes or until warm.

Asparagus/Green Beans/Potatoes au Gratin

(Do not microwave)

Place in an oven safe container. Preheat oven to 350°F. Cover container loosely with foil. Heat about 5 minutes or until heated through.